



**AT-HOME
LEARNING**

DIGITAL BACKPACK

SOCIAL STUDIES





AT-HOME LEARNING



Dear Parents and Caregivers,

For the last few months, your kids have been at home from school, giving you the added responsibility of creating educational experiences at home. We applaud you for finding creative ways to make sure learning is always fun and exciting.

Running out of ideas? We're here to help! We've expanded our **At-Home Learning** service to keep your children learning all summer long with a new digital backpack designed to help students have fun while learning at home.

The resources inside this digital backpack include:

- **Family learning guide for history/social studies**
- **Family reading list**
- **Printable hands-on activities**
- **Tips for balancing screen time**
- **PBS KIDS programming learning goals and reflection guide**
- **PBS KIDS apps and associated learning goals**

Want more resources? Sign up for our e-newsletter at wfsu.org/education. To get free bilingual resources sent directly to your phone, text WFSU to 27448.*

Feel free to reach out to us with questions. We would love to see photos of families learning with the digital backpack! E-mail us at education@wfsu.org.

The WFSU Education Team

**Standard message and data rates apply.*

You may opt-out of these messages at any time by texting STOP to 27448.

Family Learning Guide

SOCIAL STUDIES



To help families understand History - Social Science Content Standards, we have prepared this Family Learning Guide with specific skills and topics students are expected to know at the end of kindergarten. We have also included tips and activities you can do at home to help make history and social sciences fun and exciting.

Being a Good Neighbor

Topics include:

- Understand that being a good citizen involves acting in certain ways
- Identify examples of honesty, courage, determination, and individual responsibility in American and World History from stories and folklore
- Understand beliefs and related behaviors of characters in stories and understand the consequences of the characters' actions
- Follow rules (e.g. sharing and taking turns) and know the consequences of breaking rules



Family Tips for At-Home Learning

- Point out rules and laws in children's everyday lives, such as a stop sign. Talk about how the purpose of a stop sign is to keep people safe while driving or walking around. Discuss what happens when people don't stop at a stop sign
- After reading a book or watching a movie, talk about the rules that characters followed or broke. What were the consequences of not following the rules?

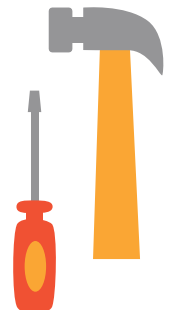
Understanding Jobs in the Community

Topics include:

- Match simple descriptions of work that people do with the names of related jobs at school, in the community and from historical accounts

Family Tips for At-Home Learning

- Talk with your children about your job and the jobs of people in your family
- Show the tools needed for different jobs (e.g. a hammer for a builder, a stethoscope for a doctor, and an oven for a baker)
- Explore uniforms worn by people with certain jobs (e.g. scrubs for a nurse or a special suit for firefighters). How are these uniforms helpful for their job?
- Talk about how jobs like grocery store workers, emergency medical professionals, mail delivery people, soldiers are important to the community



Family Learning Guide

SOCIAL STUDIES



Recognizing National Icons

Topics include:

- Explore national identity and cultural literacy by learning about national and state symbols, such as national and state flags, the bald eagle, and the Statue of Liberty

Family Tips for At-Home Learning

- Look for the flag and other national symbols in books, magazines, TV shows, and movies
- Talk about how these symbols represent America or your state to people around the world
- Compare different flags and symbols from other states and countries

Exploring Locations of People and Places

Topics include:

- Determine the relative locations of objects using terms such as 'near/far,' 'left/right,' and 'behind/in front'
- Distinguish between land and water on maps and globes and locate general areas referenced in historical legends and stories
- Identify traffic symbols and map symbols, such as symbols for land, water, roads, cities, etc.
- Demonstrate familiarity with their school's layout, environment, and the jobs people do
- Construct maps and models of neighborhoods, incorporating structures as fire stations, airports, banks, hospitals, supermarkets, harbors, schools, homes, places of worship, and transportation lines



Family Tips for At-Home Learning

- Take a walk around your neighborhood and draw what you see so that you can recreate a community map at home using toys and recycled materials
- Point out important places like schools, stores, places of worship, libraries, favorite restaurants, and other places important to your family
- Talk about the helpers that work in each of those places
- Explore traffic signs and their meaning when you are riding in the car. Talk about how symbols and pictures are used so that everyone can understand what they mean



Family Learning Guide

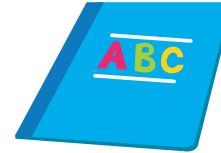
SOCIAL STUDIES



Using a Calendar

Topics include:

- Put events in temporal order using a calendar
- Place days, weeks and months in proper order



Family Tips for At-Home Learning

- Make the passage of time more relatable for younger children by creating a story sequence. Have your child draw important events in the story and then put them in order
- Create a timeline of your child's life to show the sequence of important events, beginning with when they were born, detailing when they started walking, talking, and starting school
- Expand the timeline to include other members of your family

Relating History to Events, People, and Places

Topics include:

- Identify the purpose, people and events honored in commemorative holidays, including the human struggles that were the basis for the events (e.g., Thanksgiving, Martin Luther King Jr. Day, Independence Day, etc.)
- Understand how people lived in earlier times and how their lives would be different today (e.g., getting water from a well, growing food, making clothing)
- Know the stories of historical figures, such as Pocahontas and Benjamin Franklin

Family Tips for At-Home Learning

- Show children how food was once cooked only by fire. Talk about all the different tools we now use to cook food as you are preparing dinner. Would it take longer if you could only use fire?
- Explore family photos and point out the different clothes and hairstyles that were popular in the past. Compare them to the clothes and hairstyles people wear today
- During the holidays, talk about the history of the event, the people involved, and why it is important to commemorate that day
- Some holidays have false narratives or harmful histories. Approach these stories with caution, while being honest and age-appropriate.

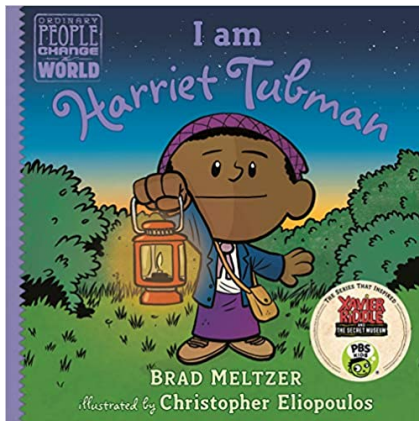
Family Reading List

SOCIAL SCIENCES



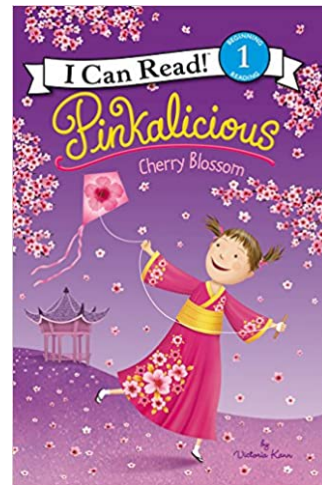
Reading time can be an easy and fun way to learn about history and social sciences. Check with your local public library to access these books online or click on the book covers to watch a read aloud of the story.

I am Harriet Tubman



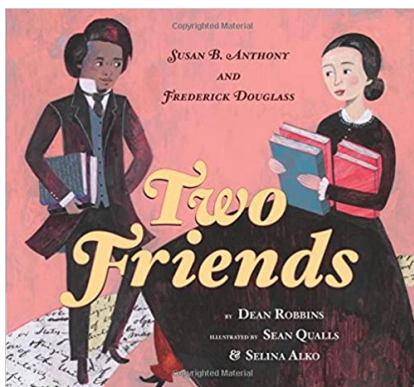
By Brad Meltzer
Illustrated by Christopher Eliopoulos
Ages: 5 to 8

Pinkalicious: Cherry Blossom



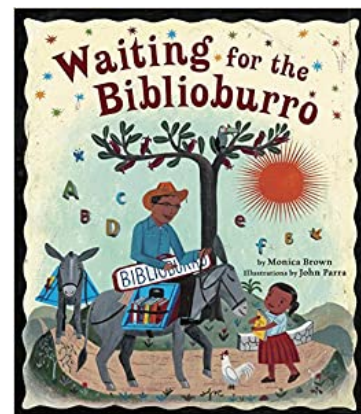
By Victoria Kann
Ages: 4 to 8

Two Friends



By Dean Robbins
Illustrated by Sean Qualls
Ages: 4 to 8

Waiting for the Biblioburro



By Monica Brown
Illustrated by John Parra
Ages: 5 to 8





Let's Go Luna!



Matryoshka Doll Activity

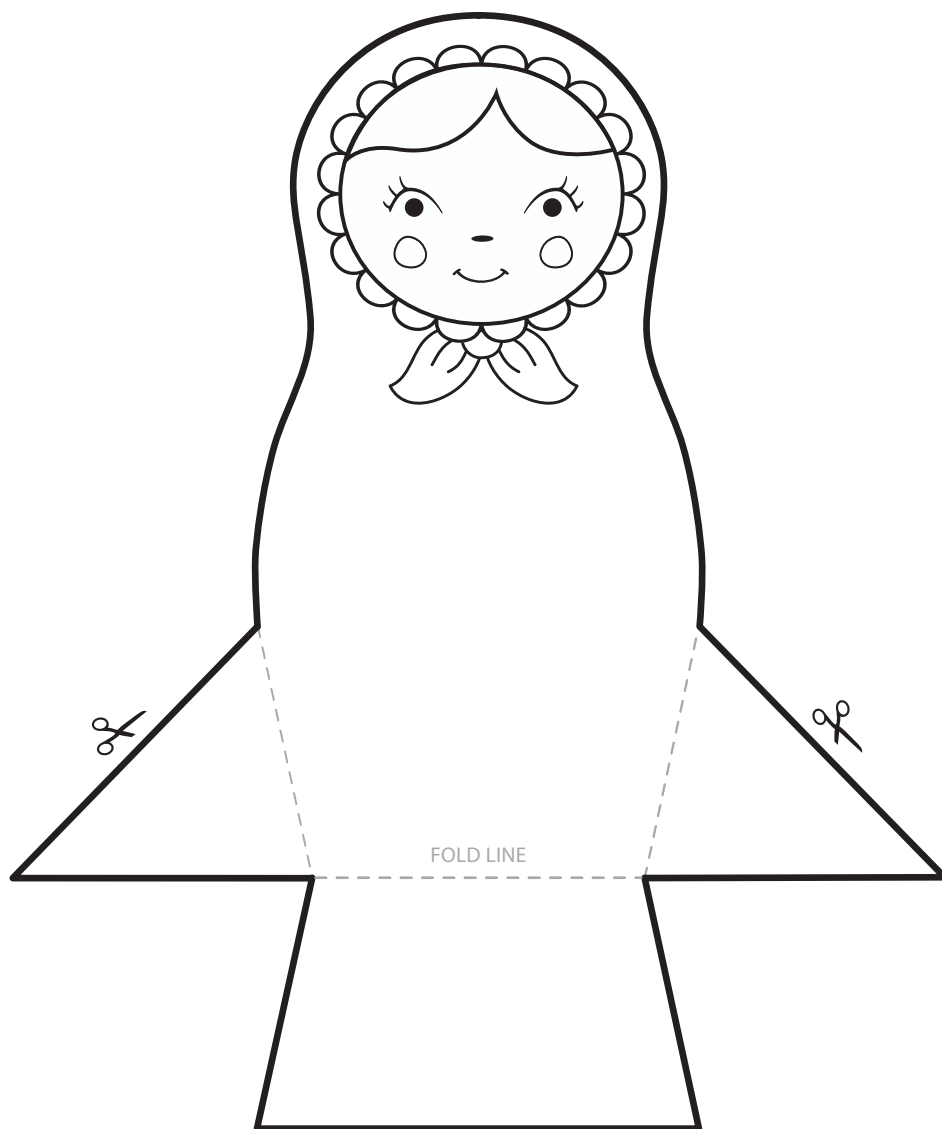


Follow these simple steps to make your own Matryoshka dolls.

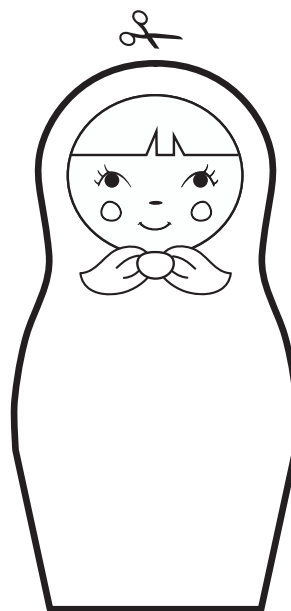
1. COLOR AND DECORATE THE THREE DOLLS.
2. CUT OUT DOLLS ON BLACK LINE.
3. FOLD POCKET FLAPS INWARD AND UP ALONG THE DASHED LINES.
4. SECURE THE POCKETS WITH GLUE OR TAPE.
4. INSERT DOLLS INTO POCKET FROM LARGEST TO SMALLEST.



COMPLETE

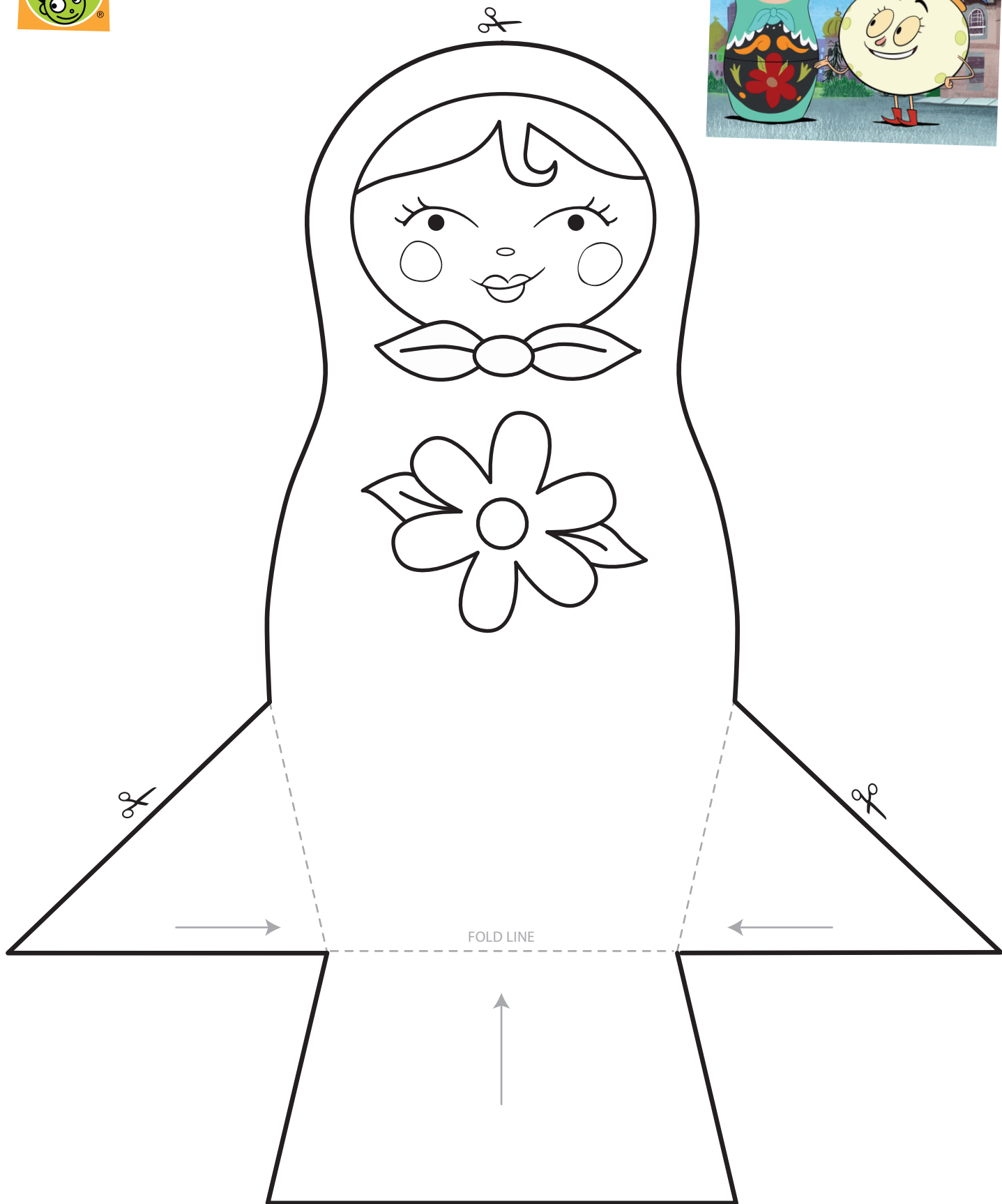


MEDIUM DOLL



SMALL DOLL

VISIT pbskids.org/luna



LARGE DOLL



AT-HOME LEARNING

PBS KIDS Episode Reflection Guide Grades Pre-K–2

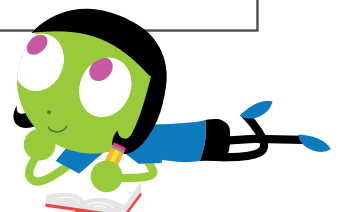
Directions: Take a moment to reflect on your learning from the PBS KIDS episode you watched. Then answer the questions below. To view At-Home Learning schedules for educational programming, visit wfsu.org.

What did you learn from this episode? Discuss with your child key ideas and details. Briefly explain why these details are important to you, the community, and the world.

How can you connect the learning in this episode to everyday learning at home?

For example, if you watched an episode about counting, you and your child can expand this learning at home by counting items during daily routines like doing laundry or washing dishes.

After watching this episode, what do you want to learn more about?



We don't replace reading, we complement reading

Reading is a skill and left untouched for several months, that skill will get weaker! The best part of free time reading is that you get to choose what you want to read!

SORRY!
text messages
and social
media are
typically too
short to call
reading

Screen zombies are real

Screen zombies are in a halfway state between being awake and being asleep. When you see a zombie, there are two main recommendations: if it's not bedtime, tell the zombie to turn off the screen and do something active. And if it is bedtime, go to bed!

Mom? Mom...?
MOM?!

Find your balance

Screens can be used for things that are BOTH entertaining and informative. Find your balance: watch your movies, but also write a short story. Watch an episode of Nature about cute animals. Design a game. WhatsApp your grandparents.

Enjoy the game
AND discuss
strategy.

Adjust your screens at night

We know that bright screens keep people awake—even if the brain and body are tired, bright lights send a strong wake-up signal. After the sun goes down, turn down the intensity of screens.

People with
screens in their
bedrooms sleep
on avg 15 min less
per night. **That's
almost 2 hrs less
sleep per week!**

OUTDOOR EXPLORATION APPS



Nature Cat's Great Outdoors Go on a new adventure every day with the Nature Cat crew as they explore, discover and observe nature in their own backyard and beyond! Kids can observe the daily weather and use a compass, camera, sound recorder and journal to record each nature adventure. **FREE**



Ready Jet Go! Space Explorer Kids can explore the solar system and visit planets, stars and constellations with Jet and his friends. Go on a galactic journey with Jet, Sydney, Sean, Mindy and Sunspot from their backyard in Boxwood Terrace through space! **FREE**



Wild Kratts Baby Buddies Join Martin, Chris, and the Wild Kratts team on an African Savannah creature sitting adventure. These baby animals need a lot of attention and care, and with Wild Kratts Baby Buddies app, kids are in charge of feeding, washing, protecting and playing with each one.



Splash and Bubbles Ocean Adventure Join Splash, Bubbles, Dunk, and Ripple on a journey to the world's undersea habitats. Kids will discover the creatures that live there, learn about many different plants and animals, and build and decorate their very own ocean!



Wild Kratts World Adventure Kids can tilt and tap their way through six multi-level games that encourage exploration of habitats around the world. Focusing on science, each game lets kids observe, explore and use creature power suits to complete missions and help the Kratt Brothers.



Outdoor Family Fun with Plum Get ready for some Outdoor Family Fun with Plum! This app offers daily activities that get families outside, exploring their neighborhood and learning about nature. Spending time outdoors has many benefits and nature is all around – you just have to look! **FREE**



Photo Stuff with Ruff In this camera-based experience, children learn about science by taking pictures of different materials to complete silly scenes. Play it together and record and share your observations in fun, creative ways! **FREE**

Look for more APPS
for iOS and Android
at pbskids.org/apps



PBS KIDS Learning Goals

SOCIAL & EMOTIONAL LEARNING

Daniel Tiger's Neighborhood	2-4	Social & Emotional Learning	
Sesame Street	2-5	Social & Emotional Learning, Literacy, Math, Spanish	
Caillou	2-5	Social & Emotional Learning	24/7 Channel
Esme & Roy	2-5	Social & Emotional Learning	24/7 Channel
Clifford the Big Red Dog	3-5	Social & Emotional Learning	
Mister Rogers' Neighborhood	3-6	Social & Emotional Learning	
Arthur	4-8	Social & Emotional Learning, Social Studies	
Xavier Riddle and the Secret Museum	5-8	Social & Emotional Learning	

LITERACY

Super WHY!	2-5	Literacy	24/7 Channel
WordWorld	2-5	Literacy	24/7 Channel
Martha Speaks	4-8	Literacy (Vocabulary Acquisition)	24/7 Channel
Molly of Denali	4-8	Literacy (Informational Text)	
WordGirl	5-8	Literacy (Vocabulary Acquisition)	24/7 Channel

SOCIAL STUDIES, THE ARTS & MORE

Pinkalicious & Peterrific	3-6	The Arts, Creative Expression	
Let's Go Luna!	4-7	Social Studies (World Cultures and Geography)	

Digital-Only

Kart Kingdom	3-6	Systems Thinking	
Oh Noah!	4-8	Spanish, Cultural Awareness	

STEM (Science, Technology, Engineering & Math)

Peep and the Big Wide World	2-5	Science Inquiry, Life/Physical Science, Math	24/7 Channel
Splash and Bubbles	2-5	Scientific Inquiry, Life Science	
Peg + Cat	3-5	Math	
Curious George	3-5	Scientific Inquiry, Engineering, Math	
The Cat in the Hat Knows a Lot About That!	3-6	Scientific Inquiry, Life/Earth/Physical Science, Engineering & Technology	
Dinosaur Train	3-6	Scientific Inquiry, Life/Earth Science	
Sid the Science Kid	3-6	Scientific Inquiry, Life/Earth/Physical Science, Math	24/7 Channel
Nature Cat	3-7	Life/Earth Science	
Wild Kratts	4-8	Scientific Inquiry, Life Science	
Cyberchase	4-8	Math	
Odd Squad	5-8	Math	
Ready Jet Go!	5-8	Scientific Inquiry, Earth & Space/Life/Physical Science, Engineering & Technology	

Digital-Only

The Ruff Ruffman Show	4-8	Scientific Inquiry, Physical Science, Engineering & Technology	
Design Squad Nation	4-8	Scientific Inquiry, Physical Science, Engineering	
PBS KIDS ScratchJr	5-8	Computational Thinking	
SciGirls	6-8	Scientific Inquiry, Life/Physical/Earth Science, Engineering & Technology, Math	



APP LEARNING GOALS



FREE APPS
at pbskids.org/apps



MULTIPLE LEARNING GOALS FOR KIDS 2-8



Free learning games
with your favorite
PBS KIDS characters
anytime, anywhere!



Thousands of free videos
from PBS KIDS, the #1
educational media brand
for kids.

SOCIAL EMOTIONAL DEVELOPMENT

Daniel Tiger's For Parents	2-5	Social Emotional Development
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LITERACY

Dinosaur Train A to Z	3-6	Literacy
Molly of Denali	4-8	Informational Text

ARTS, CREATIVITY AND MORE

PBS KIDS Kart Kingdom	4-8	Creativity
PBS KIDS Party	4-8	Healthy Habits
PBS KIDS Stickers	4-8	Creativity iOS Only
Plum's Creaturizer	6-9	Creativity

STEM (Science, Technology, Engineering & Math)

Cyberchase 3D Builder	6-9	Math	
Cyberchase Shape Quest	6-9	Math — Geometry	
Dinosaur Train Classic in the Jurassic Jr.	3-6	Math	
Fetch! Lunch Rush	4-8	Math	iOS Only
Jet's Bot Builder: Robot Games	4-8	Space Science	
Nature Cat's Great Outdoors	6-8	Earth Science	
Outdoor Family Fun with Plum	6-9	Nature, Life Science	
PBS KIDS Measure Up!	2-5	Math	
PBS KIDS ScratchJr	5-8	Coding	
PBS Parents Play & Learn	2-5	Math, Literacy	
Photo Stuff with Ruff	4-8	Material Science	
Play & Learn Science	2-5	Weather	
Plum's Photo Hunt	6-9	Life Science, Nature	iOS Only
Plum's Creaturizer	6-9	Life Science	iOS Only
Ready Jet Go! Space Explorer	4-8	Space Science	
Ready Jet Go! Space Scouts	4-8	Space Science	
The Cat in the Hat Builds That!	3-5	Science Inquiry, Engineering	



APP LEARNING GOALS



PAID APPS at pbskids.org/apps



SOCIAL EMOTIONAL DEVELOPMENT

Daniel Tiger's Day & Night	2-5	Social Emotional Development — Routines
Daniel Tiger's Grr-ific Feelings	2-5	Social Emotional Development — Feelings
Daniel Tiger's Stop & Go Potty	2-5	Social Emotional Development — Potty Training
Daniel Tiger's Neighborhood: Play at Home with Daniel	3-5	Social Emotional Development
Daniel Tiger's Storybooks	2-5	Social Emotional Development

LITERACY

SUPER WHY! ABC Adventures	3-6	Literacy
Super Why! Phonics Fair	3-6	Literacy
Super Why! Power to Read	3-6	Literacy

ARTS, CREATIVITY & MORE

Pinkalicious Party	4-6	Creative Process, Art, Design, Creativity, Roleplaying, Music
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STEM (Science, Technology, Engineering & Math)

Odd Squad: Blob Chase	6-8	Math	
Peg + Cat: The Tree Problem	3-6	Math	
Splash and Bubbles Ocean Adventure	4-7	Ocean Science	
Wild Kratts Baby Buddies	4-8	Social Emotional Learning, Animal Science	
Wild Kratts Creature Math	4-8	Math	iOS Only
Wild Kratts Rescue Run	4-8	Animal Science	
Wild Kratts World Adventure	4-8	Animal Science	



All apps are available for all devices unless otherwise indicated



Bright by Text is a free messaging program for parents and caregivers with children ages 0–8 years old.

Receive **free** activities, games, and resources from WFSU right to your cell phone. Messages are targeted to your child's age and include educational content from PBS KIDS, Sesame Street, and other partners.

Bright
by

Text

Text: WFSU

To: 274448

To sign up!



Message and data rates apply.



You may opt-out of these messages at any time by texting **STOP** to 274448.
Text **HELP** to 274448 for help.