

# Season 2, Episode 7: Celebrate Your Name Day



Join head counselor Zach to make a name sign, read THE NAME JAR, learn what's in a name! Meet macaws, play "Match My Height," use vegetables to design a t-shirt, go on a simple machines scavenger hunt, do yoga dance. Content partners include Appalachian Center for Crafts, Memphis Zoo, National Dance Institute, OK Go, Story Pirates.



## Activity Guide

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## **PARTICIPATE!**

Use the template on the following page to make your own name tag to wear while you watch "Celebrate Your Name Day" on *Camp TV*!

*Camp TV* is a production of The WNET Group.

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## Camp TV Name Tag

1. Print out the template.
2. Write your name and decorate your name tag.
3. Cut out your name tag using safety scissors and wear it while you watch “Celebrate Your Name Day” on *Camp TV*!



**MY NAME IS:**



## Design Your Own T-Shirt

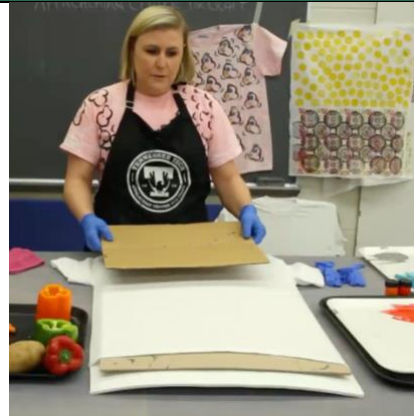
### Materials List:

- non-washable acrylic paints
- sliced veggies
- 100% cotton T-shirt (prewashed)
- cardboard
- masking tape (optional)
- Iron (optional)

**\*This activity should be done with the help of a trusted adult\***

### Instructions:

**1. Lay the shirt flat and place a piece cardboard inside of the shirt to prevent the print from transferring to the back.**



**2. Prepare your paints. You can mix paints to create your own unique colors.**



**3. Decide how you want to lay out your pattern.**

**4. Tap the edge of your sliced veggies into the paint.**



**5. Stamp the veggies onto your shirt to create a print. Press hard and apply even pressure.**

**5. Continue to add more prints. Try using other veggies and colors to make different designs!**

**6. You can try using masking tape to add a break in your design. Stamp over the tape, then remove the tape to reveal!**

**7. After the paint has dried, you will need to set the paint with heat. You can use a hot iron for 5 minutes (use a piece of cloth between the iron and the freshly painted t-shirt) or throw it in the dryer for 30 minutes. Once it has set you can wear your new shirt!**





## Make a Name Sign

### Materials List:

- pipe cleaners
- glue
- cardstock
- hole punch
- pencil
- safety scissors

### Instructions:

**1. Write your name on a piece of cardstock using a pencil.**



**2. Then, bend some pipe cleaners into the shape of the letters that make your name.**



**3. Trace the letters on the cardstock with glue and put your letters on top.**



**4. Punch two holes at the top of your sign.**



**5. Cut an assortment of multi-color pipe cleaners, about 6 inches in length, and wrap those pieces tightly around another pipe cleaner to form fuzzy beads.**



**6. Fold it in half to create a hanger. Twist each end of the hanger into the holes and fold to secure. Hang your sign on a wall, your bedroom door, or anywhere you'd like!**





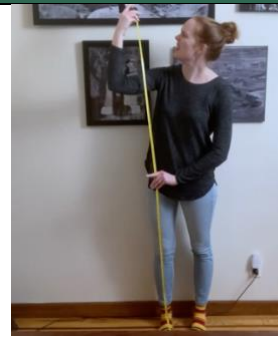
# Match My Height

## Materials List:

- tape measurer
- different household objects
- tape

## Instructions:

1. Use a measuring tape to find your height in inches. It may be helpful to have someone assist you.



2. Collect different objects from around your house. List these objects in the chart.

3. Use the chart to make predictions about how many times you need to line up the object to match your height.



4. Lay a tape measurer on the ground. Mark your height on the tape measurer with a piece of tape.



5. Line up your object at zero. Use your finger to mark the length of the object and see how many times you need to line it up to match your height. Record the number in the chart and see how accurate your predictions were!

# Match My Height

My Height: \_\_\_\_\_ inches

OBJECT	GUESS	MATCH